

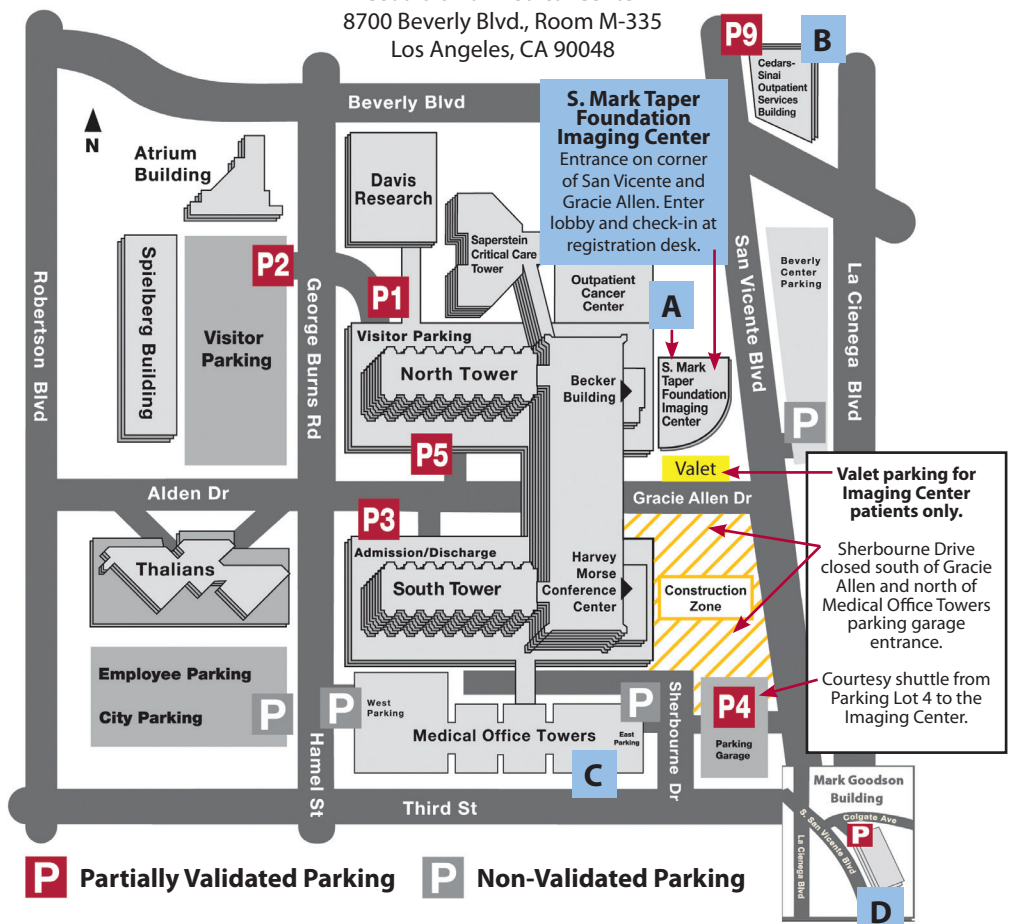
**P** Cedars-Sinai Visitor Parking  
Partially Validated Parking

- A**  **S. Mark Taper Foundation Imaging Center**  
Corner of San Vicente Blvd. & Gracie Allen Dr.  
8705 Gracie Allen Drive  
Los Angeles, CA 90048  
**Valet Service Available**  
Phone: (310) 423-8000 Fax: (310) 423-0137
- B**  **Marcia Israel Mammography Center**  
310 San Vicente Blvd., 2nd Floor  
Los Angeles, CA 90048  
Phone: (310) 423-8000 Fax: (310) 423-0137

- C**  **Medical Office Towers**  
(X-Ray & CT Only)  
8631 W. Third St., Suite 120 East  
Los Angeles, CA 90048  
Phone: (310) 423-2144 Fax: (310) 423-2065
- D**  **Mark Goodson Building**  
444 San Vicente Blvd. (MRI on Street Level)  
Los Angeles, CA 90048  
Phone: (310) 423-8000 Fax: (310) 423-0137

**Please note:** For purposes of insurance verification, please use the following address:

Cedars-Sinai Medical Center  
8700 Beverly Blvd., Room M-335  
Los Angeles, CA 90048



Patient Name: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_  
Confirmation Number (CSN #): \_\_\_\_\_  
Date of Exam: \_\_\_\_\_ Check-in Time: \_\_\_\_\_ Exam Time: \_\_\_\_\_

**PRESENT THIS FORM AT TIME OF REGISTRATION**

EXAM(S) REQUESTED (please be specific):  
\_\_\_\_\_  
\_\_\_\_\_

CT/MRI CONTRAST\*:  Radiologist's Discretion  No  Yes  
\*BUN: \_\_\_\_\_ \*Creatinine: \_\_\_\_\_ Date: \_\_\_\_\_

If MRI, does the patient have:  
 Electronic/Magnetic Implants (e.g. pacemaker, defibrillator) (CONTRAINDICATED)

CLINICAL HISTORY/SIGNS AND SYMPTOMS: \_\_\_\_\_  
\_\_\_\_\_

DURATION OF SYMPTOMS: \_\_\_\_\_

REFERRING PHYSICIAN NAME: \_\_\_\_\_

REFERRING PHYSICIAN SIGNATURE: \_\_\_\_\_

PHONE: \_\_\_\_\_ FAX: \_\_\_\_\_

**IMMEDIATE/WET READ RESULTS REQUESTED**

Results called to: \_\_\_\_\_  
PHONE NUMBER

**SEND DUPLICATE REPORT(S) TO:**

Dr. \_\_\_\_\_  
Dr. \_\_\_\_\_

To schedule, please call: (310) 423-8000  
Please fax all orders to: (310) 423-0137

## CT SCAN

**CT Scans with Oral and/or IV Contrast** (approx. visit time: 1-1½ hours)

- Do not eat 4 hours before exam. Continue drinking water as normal before your exam. Take medications as prescribed.

**Abdomen and/or Pelvis** (approx. visit time: 2-2½ hours) You may need oral contrast.

**All other CT studies** (approx. visit time: 1 hour) No preparations are required.

## INTERVENTIONAL RADIOLOGY

**For Physicians:** Needed by noon the day before an exam: Written orders, H&Ps (within last 30 days), pre-op labs (within 2 weeks; CBC, BMP [basic metabolic panel] & PT/PTT).

**For Patients:** Do not eat or drink after midnight before procedure. Morning of procedure, take blood pressure and/or heart medications with a sip of water unless told otherwise.

- You will not be allowed to drive after procedure so please arrange transportation.
- Ask your doctor about discontinuing aspirin or blood thinners 7 days before procedure.
- Tell the staff if you have NOT had lab work or are on any medication.
- Between 4 and 5:30 pm the day before, we will call you with the full preparation instructions. **If you are not called by 5:30 pm, please call us at (310) 423-2468.**

## MAGNETIC RESONANCE IMAGING

**MRI Abdomen and/or Pelvis** (approx. visit time: 1½ hours)

- Do not eat or drink 4 hours before exam.

**MRI Enterography** (approx. visit time: 1½ hours)

- Do not eat or drink 8 hours before exam.

**MRI of Prostate or MRI Spectroscopy of Prostate** (approx. visit time: 1½ hours)

- Use Fleet Enema #1 two hours before exam.

**MRI Cholangiogram/MRCP** (approx. visit time: 1½ hours)

- Do not eat or drink 8 hours before exam.

**All Other MRI Studies** (approx. visit time: 1-1½ hours)

- No preparations.

**MAMMOGRAPHY** (approx. visit time: 30 minutes-1 hour)

- Do not use perfume, powder or underarm deodorant the day of exam.
- If you have had a previous mammogram, other than at Cedars-Sinai, bring your previous films and reports.

## NUCLEAR CARDIOLOGY

**Stress Myocardial Perfusion SPECT or Stress Myocardial Perfusion Rubidium PET** (approx. visit time: SPECT 3-5 hours; PET 2-3 hours):

- Do not eat or drink for 3 hours before your appointment. Drinking water is okay.
- Do not eat or drink caffeine products (chocolate, soda, tea, coffee or Excedrin®) for 12 hours before exam. *Note:* Decaffeinated products contain caffeine.
- Consult your physician about going off beta blockers for 48 hours and calcium channel blockers 24 hours before your exam.
- Bring all your medications or a list of them with doses.
- For SPECT exams, wear a comfortable 2-piece outfit and walking shoes.

## NUCLEAR MEDICINE

**Biliary Scan (HIDA)** (approx. visit time: 2½ hours; Depending on the scan results, you may need to return after 3 hours and/or 24 hours for another scan)

- Do not eat or drink anything 4 hours before exam.

**Gastric Emptying** (approx. visit time: 4½ hours)

- Do not eat or drink 12 hours before exam.

## NUCLEAR MEDICINE (CONTINUED)

**Positron Emission Tomography (PET)** (approx. visit time: 3½ hours)

- 12 hours before exam: Stay on a low carbohydrate, low sugar diet; do not have gum or mints, and do not consume caffeine including decaf products. *Note:* Decaffeinated products contain caffeine.
- 6 hours before: Do not eat anything. Drink water as needed.
  - Take medications as prescribed.
  - If you are diabetic, ask your doctor about diet and medication.

**Renal Scan** (approx. visit time: 2 hours)

- Drink two 8 oz. glasses of water 1 to 2 hours before exam.

**Renal Scan with Captopril** (approx. visit time: 3 hours)

- Ask your doctor about discontinuing ACE inhibitors and angiotensin II receptor antagonists 48 hours before exam.

**Thyroid Uptake and Scan** (3 visits over 2 days)

- No iodinated contrast material for 6 weeks (CT, IVP or angio) before exam.
- Ask your doctor about discontinuing Synthroid®, Levoxyl® or Levothyroxine® 6 weeks before exam, Cytomel® (T3) or Liothyronine 2 weeks before exam, and anti-thyroid medication 5 days before exam.
- Avoid eating sushi, seaweed, kelp products or seafood 1 week before exam.

## ULTRASOUND

**Pelvic Ultrasound** (Uterus, Ovaries, Fallopian Tubes and Bladder; Transvaginal Ultrasound included for females) (approx. visit time: 1½ hours)

- Please have a full bladder; drink 32 oz. of water before exam.

**Abdominal Ultrasound** (Liver, Spleen, Gallbladder, Kidneys, Pancreas, Abdominal Aorta and Biliary System) (approx. visit time: 1½ hours)

- Do not eat or drink 8 hours before exam; take medications with a sip of water.

**Prostate** (approx. visit time: 1½ hours)

- Use Fleet Enema #1 two hours before exam.

## VASCULAR ULTRASOUND

**Renal Artery Stenosis** (approx. visit time: 1½ hours); Do not eat or drink for 6 hours.

**Aorta** (approx. visit time: 1 hour); Do not eat or drink for 6 hours.

**Iliac Vena Cava** (approx. visit time: 1 hour); Do not eat or drink for 6 hours.

## X-RAY AND FLUOROSCOPY

**Upper GI/Esophagram** (approx. visit time: 1-2½ hours)

- Do not smoke, drink or eat anything including gum or mints after midnight.

**Upper GI with Small Bowel Study** (approx. visit time: 1½ -3½ hours or longer)

- Do not smoke, drink or eat anything including gum or mints after midnight.

**Barium Enema** (approx. visit time: 1½ hours)

- Visit [www.csmc.edu/2728.html](http://www.csmc.edu/2728.html) or call (310) 423-8000 (option 1) for instructions.

**IVP** (Intravenous Pyelogram; Kidney X-ray) (approx. visit time: 1½ hours)

- Do not eat or drink for 4 hours before exam.

**Hysterosalpingogram** (approx. visit time: 1½ hours)

- Schedule 5 to 10 days after first day of menstrual cycle.
- No sexual intercourse after first day of menstrual cycle until after the exam.

## PEDIATRIC

Children under 16 require special consideration. Call (310) 423-8000 (option 1) and ask for specific pediatric prep instructions, including sedation requirements.