



S. MARK TAPER FOUNDATION IMAGING CENTER

# CARDIAC IMAGING REFERRAL FORM

To schedule, please call: (310) 423-5995

Please fax all orders to: (310) 423-0862

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

MONTH/DATE/YEAR

Confirmation Number (CSN #): \_\_\_\_\_

Does the Patient Have:  Pacemaker  Implanted Defibrillator  Renal Insufficiency (Cr > 1.5)

Date of Exam: \_\_\_\_\_ Check-in Time: \_\_\_\_\_ Exam Time: \_\_\_\_\_

### Exam Requested: (Check all that apply)

#### Nuclear Cardiology

Stress Myocardial Perfusion **SPECT**

Exercise Stress (pharmacologic if needed)\*

Vasodilator Stress (Adenosine, Regadenoson)\*

Dobutamine Stress\*

Stress Myocardial Perfusion **PET** (Rubidium)\*

**\*PHYSICIAN SIGNATURE REQUIRED**

Myocardial Viability PET (FDG)

Resting Wall Motion/MUGA (LVEF and RVEF)

Other: \_\_\_\_\_

#### Cardiac CT

Coronary Calcium Scan (CCS)

With Consult

Without Consult

Coronary CT Angiogram (Coronary CTA)

Thoracic Aorta with Coronary Angiography

Pulmonary Vein Imaging

Cardiac Anatomic Structure  
Please specify: (LV, RV, pericardium, thrombi, veins, masses, etc): \_\_\_\_\_

Other: \_\_\_\_\_

Iodine Contrast Allergy:

Yes  No

#### Cardiac MRI

Cardiac MRI

Stress Myocardial Perfusion MRI (Adenosine, Regadenoson)\*

**\*PHYSICIAN SIGNATURE REQUIRED**

#### PLEASE CHECK APPLICABLE PROCEDURES:

Myocardial Viability

LV/Anatomy/Structure/Function

RV Focused Study (ARVD)

Pulmonary Vein Imaging

Congenital (please provide details)

with MR Angiogram

Other: \_\_\_\_\_

### Reasons for Test: (Check all that apply)

Chest Pain

Shortness of Breath

Abnormal ECG

Coronary Artery Disease

Post MI Evaluation

Post CABG Evaluation

Post PTCA Evaluation

Abnormal Treadmill Test

Other: \_\_\_\_\_

DIAGNOSIS: \_\_\_\_\_

SPECIFIC CLINICAL QUESTIONS: \_\_\_\_\_

REFERRING PHYSICIAN NAME (PLEASE PRINT): \_\_\_\_\_

PHONE: \_\_\_\_\_ FAX: \_\_\_\_\_

REFERRING PHYSICIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

MONTH/DATE/YEAR

# PATIENT INFORMATION AND PREPARATION INSTRUCTIONS

## NUCLEAR CARDIOLOGY

### Stress Myocardial Perfusion SPECT or Stress Myocardial Perfusion PET

(Approximate visit time: SPECT 3-4 hours; PET 2-3 hours):

- Do not eat or drink for 3 hours before your appointment. Drinking water is okay.
- Do not eat or drink caffeine products (chocolate, soda, tea, coffee or Excedrin®) for 12 hours before exam. *Note:* Decaffeinated products contain caffeine.
- Consult your physician about going off beta blockers for 48 hours and calcium channel blockers 24 hours before your exam.
- Bring all your medications or a list of them with doses.
- For SPECT exams, wear a comfortable 2-piece outfit and walking shoes.

### Myocardial Viability PET (FDG) (Approximate visit time: 3-4 hours):

- Non-Diabetics:** Do not eat or drink for 6 hours before your appointment. Water is okay.
- Non Insulin-Dependent Diabetics:** If you are on *oral diabetes medications*, please do not eat or drink after midnight. Water is okay. Also, if applicable:
  - You may take Metformin (Glucophage®), Pioglitazone (Actos®) and Rosiglitazone (Avandia®) as scheduled.
  - Reduce Sulfonylureas (e.g. Glimepiride, Glipizide, Glyburide) to a half dose on the morning of your study.
  - Do not take Sitagliptin (Januvia®) or Saxagliptin (Onglyza®) on the morning of your appointment.
- Insulin-Dependent Diabetics:** Please follow your normal dietary schedule. Also, as applicable (*Consult with your doctor regarding adjusting the insulin use recommendations below*):
  - Reduce PM doses of insulin glargine (Lantus®) and Levemir® by half the evening before the study.
  - Reduce AM dose of intermediate or long-acting insulin (i.e. NPH, Levemir®, insulin combos, such as 70/30, 75/25, etc.) or Lantus® by half the morning of the study.
  - Take half basal dose of insulin pump on day of study.

**Note:** You should not take the following medications until right before you eat a normal meal: Nateglinide (Starlix®), Repaglinide (Prandin®), Pramlintide (Symlin®), Exenatide (Byetta®), or Liraglutide (Victoza®).

## CARDIAC CT

### Coronary Calcium Scan (Approximate visit time: 1 hour with consult; 30 minutes without consult):

- No preparations required.

### Coronary CT Angiogram (Approximate visit time: 1½ hours):

- No solid food for 4 hours before exam. Clear liquids are okay.
- Continue taking all of your current medications. Do not take Viagra®, Cialis® or Levitra® for 48 hours before exam.

## CARDIAC MRI

### Stress Myocardial Perfusion MRI (Approximate visit time: 3-4 hours):

- Follow the instructions in the Nuclear Cardiology - Stress Myocardial Perfusion SPECT on the left (no special clothing requirement).
- For all other Cardiac MRI exams, there are no preparations.

### Cardiac MRI (Approximate visit time: 1½ hours):

- Cardiac MRI is safe with joint replacements, coronary stents, ASD/PFO closure devices, sternal wires and most prosthetic heart valves.
- MRI cannot be performed on patients with pacemakers, defibrillators or other implanted electronic devices.
- Patients with a history of other metallic implants, shrapnel or neurosurgical clips are all individually evaluated before MRI.

